

## Are there any restrictions on age or health?

For a tandem skydive you must be at least **16 years old**. The principal medical restrictions are diabetes, epilepsy, fits, recurrent blackouts, heart or lung disease, mental illness and some cases of asthma. You will be required to sign a medical form before your jump declaring your fitness to take part – this will be sent to you upon receipt of your reservation form **but is also available on request. Those under the age of 18 will need the medical form signed by a parent or guardian**; those aged 40 and over, or those with a medical condition, will need it signed by their doctor.

*Pre-existing physical conditions will not necessarily prevent you from taking part but please inform Skyline of any physical condition as this may affect the location of your jump. If you are in any doubt then please contact us for further information.*

## What about insurance?

You will automatically be covered for up to £2,000,000 third party insurance but this will not cover you for personal injury. Should you wish to take out cover for personal injury you should either arrange this through your own broker or you can contact us on the number below and we will send you a Personal Insurance Form.

## Paying your sponsorship money

You have four weeks from the date of your jump before your money to charity is due. Find enclosed in this pack a sponsorship form Just a quick note, when you book a skydive, Skyline will set up a Do It For Charity fundraising page for you, which you can then personalise by adding any photos or a little note to your supporters to help boost your funds to help reach your £395 target! Also when using Do It For Charity all of your funds come directly to Beat.

**Questions? Please phone Skyline: 0207  
424 5522**