March 2021

Dear [enter GP surgery name],

I am writing to ask whether, due to my eating disorder, I will be considered in ‘priority group 6’ to receive the COVID-19 vaccine.

The Welsh Government has asked for GPs to take an inclusive approach when prioritizing people with severe mental illness (SMI).[[1]](#footnote-1) The ‘Green Book’ guidance on COVID-19, states SMI to include individuals with ‘schizophrenia, bipolar disorder, or any mental illness that causes severe functional impairment.’[[2]](#footnote-2) The Welsh Government has encouraged that GP’s use clinical discretion to ensure no vulnerable person is left behind.[[3]](#footnote-3)

Beat, the eating disorder charity, has advised that I should discuss my eligibility for priority vaccination with my GP. They point out that:

1. Eating disorders are associated with physical health risks that are also risk factors for COVID-19.
2. As research has not yet determined the extent of the risk of COVID-19 to people with eating disorders, a cautious, preventative approach should be taken.

I would be grateful for any clarification you can provide as to whether I can be prioritised for the vaccine.

Yours sincerely,

Full name:

Address:

Date of birth:

NHS number:

1. Welsh Government, COVID-19 vaccinations for individuals with a learning disability or severe mental illness [↑](#footnote-ref-1)
2. COVID-19 Greenbook Chapter 14a [↑](#footnote-ref-2)
3. Welsh Government, COVID-19 vaccinations for individuals with a learning disability or severe mental illness [↑](#footnote-ref-3)