## Denied information about my loved one’s eating disorder

Dear [insert name of service manager],

**[Insert your loved one’s name, date of birth and NHS number]**

My [insert/delete as appropriate: son/daughter/partner/…], [insert your loved one’s name], was diagnosed with [insert eating disorder diagnosis] by your service on [insert date of diagnosis] and has been receiving treatment since [insert date].

However, I have not been given any information about the eating disorder or its treatment. Neither have I been offered an assessment of my own needs. [Delete any parts of this paragraph which do not apply]

I understand from the NICE eating disorder guidelines that I should have been offered information and support. I am therefore writing to ask that you send me appropriate information and to book an assessment of my own needs. [Delete any parts of this sentence which do not apply]

I look forward to hearing from you.

Yours sincerely,